

LCS-L3 Tutor or Peer Observation of Life Coaching Skills

Candidate: Date:

Tutor/peer name: Sheet no:

Overall constructive feedback:

(Note: Not all criteria will necessarily be achieved in all skills practice sessions.)

Skill	Related criteria number	How demonstrated?
Apply understanding of an ethical framework to practice	1.1	
Work within own limits of proficiency & make appropriate referral where necessary	1.3 1.4	
Use awareness of difference and diversity to understand the clients' needs	3.1 3.2	
Work within professional boundaries	2.1	
Use the stages of the session effectively.	2.4	

Agree client's goals and tasks	4.1	
Use life coaching skills to help clients reach their goal(s)	4.2 6.1	
Use life coaching skills to motivate the client	4.3 6.1	
Identify & work with client strengths	4.4	
Use life coaching skills conducive to change	6.2	
Use knowledge of life coaching theories, techniques & concepts to support the client	6.2 6.4	